



Youth Fitness Zone

Parent Guide

Availability, Age and Time Limits

- o The Youth Fitness Zone is available for children between five and 11 years of age, or in Kindergarten through sixth grade
- o **Maximum time limit for all children is 1.5 hours**

Enrolling

- o Space is limited. We follow a first-come, first-served policy
- o **YFZ is available free of charge for children who are a part of a FAMILY or SINGLE PARENT Membership here at The J**
- o Parents with an INDIVIDUAL membership and non-members may purchase a guest pass for \$7 per child

Parents Approved Guardians

- o **Parents/guardians must remain in The J at all times**
- o Children may be picked up and dropped off only by parents or guardians previously listed on their accounts
- o Guardians must use their own Member ID/name (not parents' names)
- o Advance notice to Zone Staff is required if a different guardian is picking up than the guardian who dropped off your child

Sign In/Sign Out Procedures

- o Each parent or guardian must sign in and out each visit
- o Each guardian must indicate "Guardian Location" when signing in

Medications, Illness, and General Rules

- o Children who are sick or exhibit any symptoms of illness cannot be admitted
- o Children must be symptom-free for at least 24 hours before returning to YFZ
- o No medications can be administered by Zone Staff
- o To maintain a clean and allergy-free area, food & drinks besides water are not allowed
- o **Personal electronic devices can be used only in the upstairs loft area. YouTube and FaceTime are prohibited and staff may ask kids to turn devices off if they find content to be inappropriate for any reason**
- o Parents or guardians may be asked to pick up children who are disruptive or are experiencing anxiety issues
- o We reserve the right to limit or suspend privileges to any child exhibiting aggressive or disruptive behavior

Questions/Concerns?

Contact
Giselle Venema
fitness & sports
childcare coordinator

(913) 327.4642
gisellevenema@thejkc.org



Thank you for using the Youth Fitness Zone