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# November

D=Dairy  
M=Meat

<b>1</b> 23rd of Cheshvan	<b>2</b> 24th of Cheshvan
Shepherd Pie (M)	Stuffed Cabbage (M)
Book Club 1pm	 5:58pm
<b>5</b> 27th of Cheshvan	<b>6</b> 28th of Cheshvan
Pasta Primavera (D)	Grilled Chicken Salad (M)
<b>7</b> 29th of Cheshvan	<b>8</b> 30th of Cheshvan
Beer Battered Pollack (D)	Veggie Pizza (D)
<b>9</b> 1st of Kislev	Baked Chicken (M)
	 4:51pm
<b>12</b> 4th of Kislev	<b>13</b> 5th of Kislev
Veggie Chili (D)	Meatball Sub (M)
Movie Matinee 12:45pm	Aging Well 11:00am
<b>14</b> 6th of Kislev	<b>15</b> 7th of Kislev
Hot Dog (M)	Thanksgiving Luncheon Roasted Turkey (M)
VNA 9:00am	 4:45pm
<b>16</b> 8th of Kislev	<b>17</b> 9th of Kislev
Hot Turkey Sandwich (M)	
<b>19</b> 11th of Kislev	<b>20</b> 12th of Kislev
Spaghetti & Meat Sauce (M)	Chicken & Barley Soup (M)
<b>21</b> 13th of Kislev	<b>22</b> 14th of Kislev
Grilled Hamburger (M)	Closed Thanksgiving
<b>23</b> 15th of Kislev	Baked Salmon (D)
	 4:41pm
<b>26</b> 18th of Kislev	<b>27</b> 19th of Kislev
Tuna Casserole (D)	Taco Salad (D)
<b>28</b> 20th of Kislev	<b>29</b> 21st of Kislev
Salami & Potatoes (M)	Asian Chicken Salad (M)
<b>30</b> 22nd of Kislev	Pot Pie (M)
	Learn, Laugh, Love 1:00pm
	 4:38pm





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<b>3</b> 25th of Kislev	<b>4</b> 26th of Kislev	<b>5</b> 27th of Kislev	<b>6</b> 28th of Kislev	<b>7</b> 29th of Kislev
Veggie Frittata (D)	Falafel & Pita (D)	Meat Chili (M)	Lasagna Roll (D)	Hanukkah Luncheon Baked Chicken (M)
			Book Club 1pm	 4:38pm
<b>10</b> 2nd of Tevet	<b>11</b> 3rd of Tevet	<b>12</b> 4th of Tevet	<b>13</b> 5th of Tevet	<b>14</b> 6th of Tevet
Blintz (D)	Beer Battered Pollak (D)	BBQ Chicken Sandwich (M)	Tomato Soup & Grilled Cheese (D)	Bagel & Lox (D)
Movie Matinee 12:45pm	Aging Well 11am	American Hearing 9:00am VNA 9:00am	The Traveling H's, 1:00pm	 4:39pm
<b>17</b> 9th of Tevet	<b>18</b> 10th of Tevet	<b>19</b> 11th of Tevet	<b>20</b> 12th of Tevet	<b>21</b> 13th of Tevet
Quiche (D)	Veggie Pizza (D)	Beef Stew (M)	Veggie Wrap (D)	Stuffed Pepper (M)
Movie Matinee 12:45pm				 4:42pm
<b>24</b> 16th of Tevet	<b>25</b> 17th of Tevet	<b>26</b> 18th of Tevet	<b>27</b> 19th of Tevet	<b>28</b> 20th of Tevet
Stuffed Cabbage (M)	Closed Christmas Day	Spaghetti & Meat Sauce (M)	Taco Salad (D)	New Year's Eve Luncheon Salmon (D)
				 4:46pm
<b>31</b> 23rd of Tevet	<p>D=Dairy M=Meat</p> <h1>December</h1>			
Vegetable Soup (D)				